

RAQUAEL J. JOINER, PH.D.

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PROFESSIONAL POSITIONS

Postdoctoral Research Scholar, University of California, Los Angeles	Jan 2021 - Present
Postdoctoral Teaching Scholar, University of Notre Dame	Aug 2020 - Jan 2021

EDUCATION

University of Notre Dame	Aug 2020
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Ph.D., Developmental Psychology with Advanced Quantitative Social Sciences Minor

Dissertation: *Depression dynamics across a decade: Density in daily depressive affect and continuity in yearly depressive symptoms*

Advisors: Cindy S. Bergeman, Ph.D. & Lijuan (Peggy) Wang, Ph.D.

M.A., Developmental Psychology

May 2018

Thesis: *Support Dynamics in the Stress-Negative Affect Link: Within Individuals, Within Dyadic Pairs, and Across Dyads*

Advisors: Cindy S. Bergeman, Ph.D. & Lijuan (Peggy) Wang, Ph.D.

Arizona State University**B.S. (magna cum laude) in Psychology**

Dec 2013

Advisors: Frank J. Infurna, Ph.D. & Anne Kupfer, Ph.D.

University of Alicante

Summer 2012

Arizona State Study Abroad Program: Cross-Cultural Psychology, Alicante, Spain

PUBLICATIONS

* Mentored Undergraduate Student, ∴ Mentored Graduate Student

Published

Joiner, R. J., Martinez, B.S., Nelson, N.A., & Bergeman, C.S. (In Press). Within-person changes in religiosity, perceived control, and subjective well-being across middle and late adulthood. *Psychology and Aging*.

Bergeman, C.S., Blaxton, J., & **Joiner, R. J.** (2020). How longitudinal data at multiple time scales can elucidate the dynamic resilience process. *The Gerontologist*. <https://doi.org/10.1093/geront/gnaa046>

Joiner, R. J., Bergeman, C.S., & Wang, L. (2018). Emotional experience across the adult lifespan: An accelerated longitudinal design. *Psychology and Aging*, 33(3), 399-412. <https://doi.org/10.1037/pag0000257>

Bergeman, C.S., **Joiner, R. J.**, & Blaxton, J. (2018). Behavior Genetics. Invited Chapter for Bornstein, M.H. (Ed.) *The SAGE Encyclopedia of Lifespan Human Development*. SAGE Publications, Inc.

Under Review

Joiner, R.J., Liu, Q., Bergeman, C.S., & Wang, L. (Revise & Resubmit). Depression dynamics across a decade: Density in daily depressive affect and continuity in yearly depressive symptoms. *Clinical Psychological Science*.

Liu, Q., **Joiner, R. J.**, Cole, D.A. (Under Review). Dissecting the depressed mood criterion in adult depression: The heterogeneity of mood disturbances in major depressive episode. *Journal of Affective Disorders*

Selected Manuscripts In Preparation

Joiner, R.J., Bradbury, T.N., Neff, L., McNulty, J.K., Meltzer, A.L., Lavner, J.A., & Karney, B.R. (In Preparation). Trajectories of change in marriage satisfaction: Sustained and steady, or sporadic and dramatic? Pre-registration: <https://osf.io/6twy7>

Joiner, R.J., Perez, J.C., Bradbury, T.N., & Karney, B.R. (In Preparation). Intergenerational bonds across the early years of marriage: Wives' and husbands' views on the influence of their parents and in-laws on their marriage.

- Joiner, R.J.**, Bradbury, T.N., & Karney, B.R. (In Preparation). Pathways to dissolution: A longitudinal, latent class analysis of marriages that ended. Pre-registration: <https://osf.io/na3fh>
- Joiner, R.J.**, Bergeman, C.S., & Wang, L. (Under Revision). Support dynamics in the stress-negative affect link: Within individuals, within dyadic pairs, and across dyads.
- Joiner, R.J.**, Bergeman, C.S., Gao, M. M., & Braungart-Rieker, J. M. (Under Revision). Temporal emotion regulation and attachment processes model (TEAM): A dyadic process model of the development of emotion regulation across the lifespan.
- Nelson, N.A., **Joiner, R. J.**, Martinez, B.S., & Bergeman, C.S. (In Preparation). Religiosity and spirituality development: An accelerated longitudinal design.
- Bergeman, C.S., **Joiner, R. J.**, Nelson, N.A., & Deboeck, P. (Under Revision). Does control dissipate daily stress? A longitudinal reservoir model of stress dissipation and the influences of concomitant perceptions of control.
- ∴ Perez, J.C., **Joiner, R.J.**, Bradbury, T.N., & Karney, B.R. (In Preparation). Explaining differential marital outcomes between Black and Latinx newlywed couples.
- ∴ Haggerty, B.B., *Villicaña, Á.I., **Joiner, R.J.**, Bradbury, T.N., & Karney, B.R. (In Preparation). Neighborhood SES and the trajectory of marital satisfaction.

PRESENTATIONS

*Denotes Mentored Undergraduate Student ∴ Denotes Mentored Graduate Student

Peer-reviewed Oral Presentations

- Joiner, R. J.**, Perez, J.C., Bradbury, T.N., & Karney, B.R. (2022, July). Intergenerational bonds across the early years of marriage: wives' and husbands' views on the influence of their parents and in-laws on their marriage. Paper accepted to presented at the 2022 International Association of Relationship Research Virtual Conference.
- ∴ Perez, J.C., **Joiner, R.J.**, Bradbury, T.N., & Karney, B.R. (2022, February). Explaining differential marital outcomes between Black and Latino newlywed couples. Paper presented at the Society for Personality and Social Psychology 2022 Conference.
- Joiner, R. J.**, Bergeman, C. S., & Wang, L. (2020, November). Depression dynamics across a decade: Density in daily depressive affect and continuity in yearly depressive symptomology. In **R. J. Joiner** & N. A. Nelson (Co-chairs) *Micro- and Macro-level Time Associations: How Daily Stress Settles into Longer-term Profiles*. Symposium conducted at the Gerontological Society of America Annual Scientific Meeting 2020 Online.
- Joiner, R. J.**, Bergeman, C. S., & Wang, L. (2018, May). Support dynamics in the stress-negative affect link: Within Individuals, within dyadic pairs, and across dyads. In M. M. Gao & **R. J. Joiner** (Co-chairs) *A Dyadic Perspective and Beyond: Studying Interpersonal Dynamics with Intensive Longitudinal Data*. Symposium conducted at the 30th Association for Psychological Science Annual Convention, San Francisco, CA.
- Joiner, R. J.**, Bergeman, C. S., & Wang, L. (2016, November). Emotional Experience Across the Adult Lifespan: An Accelerated Longitudinal Design. Paper presented at the 69th Annual Meeting of the Gerontological Society of America, New Orleans, LA. Chair.

Oral Presentations | Internal

- Joiner, R. J.** (2022, January). Theory-methods interface in the study of change within and across individuals. Invited talk at UCLA Quantitative Seminar.
- Joiner, R.J.**, Bradbury, T.N., Neff, L., McNulty, J.K., Meltzer, A.L., Lavner, J.A., & Karney, B.R. (2021, October). Revisiting trajectories of marital satisfaction: variability between and within classes in the first years of marriage. Invited talk at the Developmental Forum at UCLA.
- Joiner, R. J.**, Wang, L. & Bergeman, C. S. (2019, December). Theory, methods, and math: Dynamic systems. Quantitative Studies Seminar at the University of Notre Dame.
- Joiner, R. J.**, Bergeman, C.S. & Wang, L. & Bergeman, C. S. (2019, December). Depression dynamics across a decade. Graduate Student Seminar for Developmental Science at the University of Notre Dame.
- Joiner, R. J.**, Bergeman, C.S. & Wang, L. & Bergeman, C. S. (2019, May). Transformational change processes. Graduate Student Seminar for Developmental Science at the University of Notre Dame.
- Joiner, R. J.**, Bergeman, C. S., & Wang, L. (2018, April). Support dynamics in the stress-negative affect link: within individuals, within dyadic pairs, and across dyads. Graduate Student Seminar for Developmental Science at the University of Notre Dame.

Peer-Reviewed Poster Presentations

- *Flannagan, K., **Joiner, R. J.**, & Bergeman, C. S. (2021, April). Time-varying relations between loneliness and depression in the years leading up to and following a marital transition. Poster accepted for presentation at Midwestern Psychological Association 2021 virtual conference.
- *Saenz, K.A., **Joiner, R. J.**, & Bergeman, C. S. (2020, April). Perceived daily health and perceived daily stress in middle-aged and older adults. Poster accepted for presentation at Midwestern Psychological Association 2020 conference in Chicago, IL.
- *Kosciusko, M., Martinez, B. S., **Joiner, R. J.**, Wirth, M., & Bergeman, C. S. (2017, September). The longitudinal implications of stress dissipation on pathological mechanisms. Poster presented at the 47th Annual Meeting of the International Society of Psychoneuroendocrinology in Zurich, Switzerland.
- Joiner, R. J.**, Bergeman, C. S., & Wang, L. (2016, October). Emotional experience across the adult lifespan: An accelerated longitudinal design. Poster presented at the Associated Women in Science 2016 Women in Science Conference, Notre Dame, IN.
- Joiner, R. J.** & Infurna, F. J. (2015, November). Examining the contributing factors to changes in life satisfaction following a serious illness or injury: The mediating effects of social support. Poster presented at the 68th Annual Meeting of the Gerontological Society of America, Orlando, FL.
- Joiner, R. J.** & Infurna, F. J. (2014, November). Linking work-stress to level and change in well-being, perceived control, and health in midlife and old age. Poster presented at the 67th Annual Meeting of the Gerontological Society of America, Washington, DC.

GRANTS & AWARDSGrant Support (Total \$18,000)

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| Institute for Scholarship in the Liberal Arts, University of Notre Dame. Co-Investigator. <i>The Stress-Emotion Regulation Interface and the Mediating or Moderating Role of Spousal Support</i> . Total Direct: \$15,000 | 2015-2017 |
| Institute for Scholarship in the Liberal Arts, University of Notre Dame. Principal Investigator. <i>The Notre Dame Study of Dyadic Relationships</i> . Total Direct: \$3,000 | 2015-2017 |

Honors & Awards

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| <i>University of Notre Dame Psychology Department's Excellence in Graduate Student Teaching Award</i> | 2020 |
| <i>Association for Psychological Science Student Travel Award</i> | 2018 |
| <i>University of Notre Dame's Notebaert Professional Development Award</i> | 2016, 2018 |
| <i>University of Notre Dame's Graduate Student Conference Presentation Grant</i> | 2016, 2018 |
| <i>University of Notre Dame's Outstanding Teaching Assistant Award</i> | 2017 |
| <i>Arizona State's Study Abroad Office Travel Scholarship</i> | 2012 |
| <i>Mesa Community College's Outstanding Academic Achievement in Sociology Award</i> | 2008 |
| <i>Maricopa Community College's Presidential Scholarship</i> | 2007 |

RESEARCH EXPERIENCE

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| University of California, Los Angeles | 2020-Present |
| Postdoctoral Scholar & Quantitative Analyst , UCLA Marriage & Close Relationships Lab | |
| <ul style="list-style-type: none"> ▪ Independently & Collaboratively Prepared Grants, Preregistrations, & Manuscripts ▪ Mentored 4 Graduate & 5 Undergraduate Students in Research Methods & Statistics ▪ Managed 2 Large-scale, Multivariate, Longitudinal, Dyadic Datasets ▪ Harmonized Measures across 12 Longitudinal, Dyadic Studies to Pool Data for Analyses | |
| University of Notre Dame | 2015-2020 |
| Graduate Research Assistant , Adult Development and Aging Lab | |
| <i>The Stress-Emotion Regulation Interface and the Mediating or Moderating Role of Spousal</i> | |
| Advisor: Cindy Bergeman | |
| <ul style="list-style-type: none"> ▪ Facilitated New Data Collection Project by Procuring \$18,000 in Grant Funding ▪ Headed Collection of Daily Data from 72 Couples Across 35 Days <ul style="list-style-type: none"> ▪ Developed Standardized Protocols & Trained 6 Undergraduate Research Assistants ▪ Facilitated Online Survey Data Collection & Management via Qualtrics ▪ Disseminated Research Findings through Oral Presentations & Written Manuscripts | |

Notre Dame Study of Health & Well-being

Advisors: Cindy Bergeman, Ph.D. & Lijuan (Peggy) Wang, Ph.D.

- Disseminated Research Findings through Oral Presentations & Written Manuscripts
- Administered NIH Toolbox Cognitive Health Domain
- Collected Physiological Data via BIOPAC system (Basic)

Arizona State University

2012-2015

Project Coordinator, Healthy Aging and Life Events Lab & Child Study Lab

Advisors: Frank J. Infurna, Ph.D. & Anne Kupfer, Ph.D.

- Developed Undergraduate Research Assistant Training Curriculums
- Developed Online Surveys via Google Forms
- Standardized Data Collection Procedures
- Administered Developmentally Appropriate Behavioral Assessments
- Collected Biospecimen Data via Blood & Saliva Samples

Survey and Statistical Software

SAS | R | SPSS | Mplus | Linux | GridWare | Excel | Qualtrics | Google Forms

TEACHING EXPERIENCE

Co-Instructor , Principles of Research in Relationship Science	2021
<ul style="list-style-type: none"> ▪ Lesson Planning & Instruction Syllabus available upon request ▪ Online Course Design & Instruction ▪ Team Taught Course 	
Instructor , Experimental Psychology II: Research Methods	2020
<ul style="list-style-type: none"> ▪ Lesson Planning & Instruction Syllabus available upon request ▪ Dual-Mode & Hybrid Course Design & Instruction ▪ 1-on-1 Student Writing Consultations 	
Co-Instructor , Developmental Psychology	2019
Co-instructor: Amanda Nowak, Ph.D.	
<ul style="list-style-type: none"> ▪ Lesson Planning & Instruction Syllabus available upon request ▪ Dynamically Interweaved Student Interests and Course Content ▪ 1-on-1 Student Writing Consultations 	
Teaching Assistant , Experimental Psychology I: Introduction to Statistics	2016, 2017
Supervisors: Guangjian Zhang, Ph.D.; Lijuan Wang, Ph.D.	
<ul style="list-style-type: none"> ▪ Lesson Planning & Instruction with Tutorials in SPSS ▪ 1-on-1 Student Statistical Consultations 	

Teaching & Mentoring Certifications

Community Engagement | Striving for Excellence in Teaching | Advanced Teaching Scholar | CIMER Entering Mentoring

PROFESSIONAL SERVICE

<i>Review Committee</i> , Graduate Women in Science National Fellowship Program	2021-2022
<i>Panelist</i> , Careers in Developmental Psychology, University of Notre Dame	2021
<i>Reviewer</i> , Psychological Methods	2021
<i>Reviewer</i> , The Gerontologist	2020
<i>Judge</i> , Northern Indiana Regional Science Fair, University of Notre Dame	2020
<i>Graduate Student Representative</i> , Department of Psychology External Review	2019
<i>Reviewer</i> , Geriatric Nursing	2019
<i>Graduate Student Orientation Panelist</i> , University of Notre Dame	2019
<i>Elected Professional Development Co-Chair</i> , Department of Psychology, Notre Dame	2018-2019
<i>Elected Psychology Representative</i> , Association for Women in Science, ND	2017-2018
<i>Judge</i> , Rolling Prairie Elementary School Science Fair	2016
<i>Workshop Leader</i> , Expand Your Horizons, Women leadership conference in STEM for girls in Jr. High	2016-2019
<i>Workshop Leader</i> , Science Alive, A Day of science at the St. Joseph Public Library	2016
<i>Mentor</i> , STEMentorship: Graduate Women Educators in STEM	2016
<i>Ad-Hoc Abstract Reviewer</i> , IAGG World Congress of Gerontology and Geriatrics	2016
<i>Tutor</i> , GET STEM: Community Engagement	2015

ADDITIONAL SKILLS AND TRAINING

Survey and Statistical Software

SAS | R | SPSS | Mplus | Linux | GridWare | Excel | Qualtrics | Google Forms

Quantitative Coursework

Quantitative Methods I & II: Regression, ANOVA

Multivariate Analysis: Latent Variable Modeling

Longitudinal Data Analysis: Multilevel Modeling, Growth Curve Modeling, Modern Missing Data Methods

Advanced Longitudinal Analysis: Dyadic Data Analysis, Accelerated Longitudinal Design

Structural Equation Modeling: Factor Analysis; Longitudinal Mediation Analysis

Psychological Measurement: Item Response Theory

Bayesian Statistics

Teaching Workshops

Assessing Participation, Preparation, and Attendance

Strategies for Effective Active Learning and Group Collaboration

Well-being in the Classroom & Inclusive Teaching

Teaching Well Using Technology & Creating Effective Multiple-Choice Questions

Visual Syllabus Makeover & Course Design Bootcamp

Engaging Lectures for Effective Learning

Foundations of Teaching in STEM

Equity, Diversity, and Inclusion Workshops & Lectures

Human Flourishing in Diverse Developmental Contexts

27th Annual Hesburgh Lecture on Ethics and Public Policy ft. Angela Davis

Responding to Microaggressions

Allyship in Managing Racial Mistreatment

Committing to Black Liberation

PROFESSIONAL AFFILIATIONS

National Council on Family Relations

International Association for Relationship Research

Association for Women in Science

Graduate Women in Science

Gerontological Society of America

American Psychological Association

Association for Psychological Science

PSI CHI: The International Honor Society in Psychology

PSI BETA: Community College Honor Society in Psychology

PHI THETA KAPPA: International College Honor Society