

STASSJA SICHKO, B.A.

Curriculum Vitae

EDUCATION

- 2019 – Present **University of California, Los Angeles**
 Clinical Psychology Ph.D. Program
GPA: 4.0
Advisors: Thomas Bradbury, Ph.D. & Theodore Robles, Ph.D.
- 2011 – 2015 **Pomona College**
 Bachelor of Arts in Psychology, *magna cum laude*
GPA: 3.9 Psychology GPA: 4.0
Advisor: Jessica Borelli, Ph.D.

HONORS AND AWARDS

- 2020 National Science Foundation Graduate Research Fellowship Program
 2020 UCLA Graduate Research Mentorship Award
 2020 UCLA Graduate Summer Research Mentorship Award
 2019 UCLA Department of Psychology Fellowship
 2019 UCLA Graduate Dean’s Scholar Award
 2019 National Science Foundation Graduate Research Fellowship Program, Honorable Mention
 2015 The Psychology Prize for Scholarship (awarded by Pomona College to the “outstanding graduating senior on the basis of the senior thesis”)
 2015 Phi Beta Kappa Society
 2014 Pomona College Summer Undergraduate Research Program Award
 2014 Sigma Delta Pi, National Collegiate Spanish Language Honor Society, member
 2012 Psi Chi, The International Honor Society in Psychology, member
 2011-2015 Pomona College Scholar (all semesters)

MANUSCRIPTS

- Sichko, S.**, Borelli, J. L., Smiley, P. A., Goldstein, A., & Rasmussen, H. F. (2018). Child and maternal attachment security predict school-aged children’s psychobiological convergence. *Developmental Psychobiology*. dx.doi.org/10.1002/dev.21748
- Sichko, S.**, Borelli, J. L., Rasmussen, H. F., & Smiley, P. A. (2016). Relational closeness moderates the association between maternal overcontrol and children’s depressive symptoms. *Journal of Family Psychology*, 30(2), 266. dx.doi.org/10.1037/fam0000155
- Schacter, H. L., Pettit, C., Kim, Y., **Sichko, S.**, Timmons, A. C., Chaspari, T., Han, S., & Margolin, G. (2020). A Matter of the Heart: Romantic Couple Functioning and Cardiovascular Activity in Young Adults’ Everyday Lives. *Annals of Behavioral Medicine*.
- Gupta, K., Gujral, A., Chaspari, T., Timmons, A. C., Han, S., Kim, Y., Barrett, S., **Sichko, S.**, & Margolin, G. (2020). Sub-population specific models of couples’ conflict. *ACM Transactions on Internet Technology*.

Sichko, S., Rolnik, B. M.[^], **Delavary, D. M.**[^], & Slavich, G. M. (2019, April). *Stress mindset influences adolescent girls' experience of an acute social evaluation*. Poster presented at the 99th Annual Convention of the Western Psychological Association. Pasadena, CA.

Sichko, S., Bui, T. Q., Shields, G. S., & Slavich, G. M. (2019, March). *A stressors-characteristic perspective on the relationship between lifetime stress exposure and doctor-diagnosed health outcomes*. Poster presented at the 77th Annual Scientific Meeting of the American Psychosomatic Society. Vancouver, B.C.

Pettit, C., **Sichko, S.,** Schacter, H., Barrett, S., Han, S., Kim, Y., Timmons, A., & Margolin, G. (2019, November). *A closer look at closeness: The impact of hourly mood on couples' closeness*. Poster presented at 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies. Atlanta, GA.

Schacter, H. L., Pettit, C., Kim, Y., **Sichko, S.,** Timmons, A. C., Han, S. C., & Margolin, G. (2019, July). *A matter of the heart: Romantic couple functioning and cardiovascular activity in young adults' everyday lives*. Poster presented at the International Association for Relationship Research Mini Conference on Applied Relationship Science. Brighton, England.

Libowitz, M. R.[^], Ha, C., Bui, T. Q., Sichko, S., Devkota, S., & Slavich, G. M. (2019, May) *Female adolescent depression risk and its relationship to the gut microbiota*. Poster presented at the 2019 UCLA Neuroscience Undergraduate Poster Session. Los Angeles, CA.

McCullen, J.[^], Pettit, C., Han, S. C., **Sichko, S.,** & Margolin, G. (2019, April). *Longitudinal associations between paternal PTSD symptoms and children's emotion dysregulation*. Poster presented at the 99th Annual Convention of the Western Psychological Association. Pasadena, CA.

Valencia, E.[^], **Rolnik, B. M.**[^], **Sichko, S.,** & Slavich, G. M. (2019, April). *Adolescent females at risk for depression display higher levels of a specific kind of impulsivity*. Poster presented at the 99th Annual Convention of the Western Psychological Association. Pasadena, CA.

Bui, T. Q., **Sichko, S., Rolnik, B. M.**[^], **Lu, M.**[^], **Hazara, M.**[^], Shields, G. S., & Slavich, G. M. (2019, March). *Differences in lifetime stress exposure in female adolescents at varying risk for depression*. Poster presented at the 77th Annual Scientific Meeting of the American Psychosomatic Society. Vancouver, B.C.

Libowitz, M. R.[^], **Valencia, E.**[^], **Ghadiya, K.**[^], Bui, T. Q., **Sichko, S.,** Shields, G. S., & Slavich, G. M. (2019, March). *Intergenerational associations between lifetime stress exposure in mothers with varying depression history and their daughters*. Talk presented at the 77th Annual Scientific Meeting of the American Psychosomatic Society. Vancouver, B.C.

Moura, P., Cazassa, M. J., Oliveira M. S., Damaceno, R. M., **Delavary, D. M.**[^], **Rolnik, B. M.**[^], **Sichko, S.***, Shields, G. S., & Slavich, G. M. (2019, March). *Sociodemographic and lifetime stress exposure characteristics of incarcerated sex offenders in Brazil*. Poster presented at the 77th Annual Scientific Meeting of the American Psychosomatic Society. Vancouver, B.C.

Rolnik, B. M.[^], **Spahr, C. M.**[^], **Sichko, S.,** Bui, T. Q., Cazassa, M. J., Shields, G. S., & Slavich, G. M. (2019, March). *Using the stress and adversity inventory (STRAIN) to assess lifetime stress exposure in clinical settings*. Poster presented at the 77th Annual Scientific Meeting of the American Psychosomatic Society. Vancouver, B.C.

Sun, K.[^], Libowitz, M. R.[^], Costa, K.[^], Liccini, R.[^], **Sichko, S.**, & Slavich, G. M. (2019, March). *Parenting styles are associated with adolescent girls' lifetime stress exposure*. Poster presented at the 77th Annual Scientific Meeting of the American Psychosomatic Society. Vancouver, B.C.

Han, S. C., Kim, Y., Timmons, A. C., **Sichko, S.**, Pettit, C., Barrett, S., & Margolin, G. (2019, March). *Family-of-origin aggression and the expression of anger words in daily life among young adult dating couples*. Poster presented at the 3rd Biennial Meeting of the International Convention of Psychological Science. Paris, France.

Rasmussen, H. F., Corner, G. W., Pettit, C., **Sichko, S.**, & Margolin, G. (2019, March). *Associations between attachment style and emotional processes during conflict in young-adult dating couples*. Symposium presented at the 2019 Biennial Meeting of the Society for Research in Child Development. Baltimore, MD.

Sichko, S., Toussaint, L., Deal, B. D., Shields, G. S., & Slavich, G. M. (2018, May). *Forgiveness enhances the social pain-reducing effects of acetaminophen*. Poster presented at the Association for Psychological Science 30th Annual Convention. San Francisco, CA.

Sichko, S., Vinograd, M., Bui, T. Q., & Slavich, G. M. (2018, March). *Lifetime stress exposure is associated with mental and physical health complaints in youth at varying risk for depression*. Poster presented at the 76th Annual Scientific Meeting of the American Psychosomatic Society. Louisville, KY.

Miller, K. F., Pettit, C. A., **Sichko, S.**, & Margolin, G. (2018, November). *Family aggression history and cortisol reactivity to romantic partners: within- and cross-partner effects*. Poster presented at the International Society for Traumatic Stress Studies 34th Annual Meeting. Washington, D.C.

Cazassa, M., de Silva Oliveira, M., Collazzoni, A., Sun, K.[^], **Sichko, S.***, Shields, G. S., & Slavich, G. M. (2018, May). *Translation and evaluation of the Stress and Adversity Inventory for Adults (Adult STRAIN) in Brazilian Portuguese*. Poster presented at the Association for Psychological Science 30th Annual Convention. San Francisco, CA.

Collazzoni, A., Ottaviani, C., Mancini, F., Spahr, C. M.[^], **Sichko, S.***, Cazassa, M., Shields, G. S., & Slavich, G. M. (2018, May). *Translation and evaluation of the Stress and Adversity Inventory for adults (Adult STRAIN) in Italian*. Poster presented at the Association for Psychological Science 30th Annual Convention. San Francisco, CA.

Bui, T. Q., Vinograd, M., **Sichko, S.**, & Slavich, G. M. (2018, March). *Greater sensitivity to social stress is associated with poorer mental health in adolescents at varying risk for depression*. Poster presented at the 76th Annual Scientific Meeting of the American Psychosomatic Society. Louisville, KY.

Sichko, S., Rasmussen, H. F., Borelli, J. L., Smiley, P. A., Gómez, A., Girard, A., & River, L. M. (2015, March). *Children's perception of relationship closeness as a buffer against parental overcontrol and depression in middle childhood*. Poster presented at the 2015 Biennial Meeting of the Society for Research in Child Development. Philadelphia, PA.

Gómez, A., Bond, D. K., **Sichko, S.**, Girard, A., River, L. M., DeMeules, M., Smiley, P. A., & Borelli, J. L. (2015, March). *Predicting children's introjected motivation: links to maternal attachment*

avoidance and emotional distance. Poster presented at the 2015 Biennial Meeting of the Society for Research in Child Development, Philadelphia. PA.

PRIOR RESEARCH EXPERIENCE

- University of Southern California** **May 2017 – Sept 2019**
 Lab Manager, USC Family Studies Project
Principal Investigator: Dr. Gayla Margolin
- University of California, Los Angeles** **July 2017 – July 2019**
 Lab Manager, UCLA Laboratory for Stress Assessment and Research
Principal Investigator: Dr. George Slavich
- Pomona College** **Dec 2012 – Aug 2015**
 Research Assistant, Child Attachment, Relationships, and Emotion (CARE) Lab
Principal Investigators: Dr. Jessica Borelli & Dr. Patricia Smiley

TEACHING EXPERIENCE

- University of California, Los Angeles** **Winter 2019**
 Peer Tutor, Advanced Psychological Statistics (250B)
Instructor: Han Du, Ph.D.
 - Selected as a peer tutor on the basis of exemplary performance in graduate-level statistics
 - Provided individualized peer tutoring to other graduate students enrolled in the class
- University of California, Los Angeles** **Fall 2019**
 Teaching Assistant, Introductory Psychology
Instructor: Melissa Paquette-Smith, Ph.D.
 - Supervised a lab section of 30 students
 - Held biweekly office hours
 - Graded examinations and laboratory reports
 - *Overall Rating:* 8.29/9.00
- Pomona College** **Fall 2013, Fall 2014**
 Teaching Assistant, Introductory Psychology
Instructors: Dr. Richard Lewis (2014), Dr. Louise Cosand (2013)
 - Lectured on selected materials each month
 - Organized and led monthly review sessions for exams for 15 - 25 students
 - Created and graded weekly reading quizzes
 - Conducted regular office hours to provide individualized student support