

Julia Friederike Bussberg Hammett
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EDUCATION

2015–present **Doctor of Philosophy, Clinical Psychology, University of California, Los Angeles**
Anticipated Graduation May 2021

2013–2015 **Master of Arts, Psychology, San Diego State University**
Cumulative GPA: 4.00

Master's Thesis: A Dyadic Approach to Understanding the Association between Intimate Partner Violence and Romantic Relationship Satisfaction.

Master Thesis Chair: Emilio C. Ulloa, Ph.D.

2011-2013 **Bachelor of Arts, Psychology, San Diego State University**
Graduated Summa Cum Laude May 2013
Cumulative GPA: 4.00

Honors Thesis: Are Optimists Better or Worse at Reading Relationships?

Honors Thesis Chair: David A. Armor, Ph.D.

2009–2011 **Associate of Arts, Social and Behavioral Sciences, San Diego City College**
Graduated Highest Honors May 2011
Cumulative GPA: 4.00

PUBLICATIONS

Peer-Reviewed Publications

Taggart, T. C., **Hammett, J. F.**, & Ulloa, E. C. (accepted with minor revisions, February 2016). The association between oral contraceptive use and overall relationship satisfaction in a nationally representative sample. *Psi Chi Journal of Psychological Research*.

Hammett, J. F., Ulloa, E. C., Castaneda, D. M., & Hokoda, A. (in press). Intimate Partner Violence Victimization and Romantic Relationship Distress Among Caucasian and Mexican American Newlyweds. *Violence and Victims*.

Ulloa, E., **Hammett, J. F.**, O'Neal, D. N., Lydston, E. E., & Leon Aramburo, L. F. (in press). The big five personality traits and intimate partner violence: Findings from a large, nationally representative sample. *Violence and Victims*.

Hammett, J. F., Castaneda, D. M., & Ulloa, E. C. (2016). Predicting mental health based on partners' marital distress: A latent profile analysis. *The Family Journal: Counseling and Therapy for Couples and Families*, 1-11. doi: 0.1177/1066480716648685

Ulloa, E. C., & **Hammett, J. F.** (2016). The role of empathy in violent intimate relationships. *Partner Abuse*, 7(2), 140-156. <http://dx.doi.org/10.1891/1946-6560.7.2.140>

Hammett, J. F., Castaneda, D. M., & Ulloa, E. C. (2015). The association between affective and problem-solving communication and intimate partner violence among Caucasian and Mexican American couples: A dyadic approach. *Journal of Family Violence*, 31(2), 167-178. doi: 10.1007/s10896-015-9762-2

Ulloa, E. C., **Hammett, J. F.**, Guzman, M. L., & Hokoda, A. (2015). Psychological growth in relation to intimate partner violence: A review. *Aggression and Violent Behavior*, 25, 88-94. doi: 10.1016/j.avb.2015.07.007

Ulloa, E. C., & **Hammett, J. F.** (2015). Temporal changes in intimate partner violence and relationship satisfaction. *Journal of Family Violence*, 30(8), 1093-1102. doi: 10.1007/s10896-015-9744-4

Ulloa, E. C., & **Hammett, J. F.** (2014). The effect of gender and perpetrator-victim role on mental health outcomes and risk behaviors associated with intimate partner violence. *Journal of Interpersonal Violence*, 31(7), 1184-1207. doi: 10.1177/0886260514564163

Hammett, J. F., Issler, E. J., & Bashore, H. E. (2014). The effect of the color red on hirability and attractiveness. *Psi Chi Journal of Psychological Research*, 19(1), 20-27.

Manuscripts under Review

Ulloa, E. C., **Hammett, J. F.**, Meda, N. A., & Rubalcava, S. J. (under review, revise and resubmit, March 2016). Empathy and relationship quality: An actor-partner interdependence model. *Family Relations*.

CONFERENCE PRESENTATIONS

Hammett, J. F., Karney, B. R., & Bradbury, T. N. (2017, January). *Are increases in aggression associated with adverse relationship outcomes?*. Poster accepted for presentation at the Seventh International Conference on Stress and Dyadic Coping, Milan, Italy.

Taggart, T. C., Eaton, N., **Hammett, J. F.**, & Ulloa, E. C. (2016, September). *Oral contraceptive use, mood instability, and romantic relationship satisfaction*. Abstract submitted for presentation at the Annual Convention of the Society for Research in Psychopathology, Baltimore, MD.

Hammett, J. F., Karney, B. R., & Bradbury, T. N. (2016, August). *Longitudinal course of partner aggression and marital outcomes*. Poster accepted for presentation at the 21st

International Conference & Summit on Violence, Abuse & Trauma (IVAT), San Diego, CA.

Hammett, J. F., Karney, B. R., & Bradbury, T. N. (2016, July). *Physical aggression and marital satisfaction: Bidirectional, longitudinal associations*. Paper accepted for presentation at the bi-annual conference of the International Association for Relationships Research (IARR), Toronto, ON.

Hammett, J. F., Ulloa, E. C., Castaneda, D. M., & Hokoda, A. (2015, March, November). *Intimate partner violence and relationship dissatisfaction: A dyadic approach*.

Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.

Paper presented at the Annual San Diego State University Student Research Symposium (SDSU SRS), San Diego, CA.

Hammett, J. F., Castaneda, D. M., & Ulloa, E. C. (2015, August). *Companionship and intimate partner violence among newlyweds: A dyadic approach*. Poster presented at the 20th International Conference & Summit on Violence, Abuse & Trauma (IVAT), San Diego, CA.

Taggart, T. C., **Hammett, J. F.**, & Ulloa, E. C. (2015, May). *Oral contraceptive use is associated with increased relationship satisfaction*. Poster presented at the Annual Convention of the Western Psychological Association (WPA), Las Vegas, NV.

Taggart, T. C., **Hammett, J. F.**, Castaneda, D. M., & Ulloa, E. C. (2015, May). *Communication behaviors and intimate partner violence: A dyadic approach*. Poster presented at the Annual Convention of the Western Psychological Association (WPA), Las Vegas, NV.

Rubalcava, S. J., **Hammett, J. F.**, & Ulloa, E. C. (2015, March, May). *Empathy and intimate partner violence*.

Poster presented at the Annual Convention of the Western Psychological Association (WPA), Las Vegas, NV.

Poster presented at the Annual San Diego State University Research Symposium (SDSU SRS), San Diego, CA.

Meda, N. A., **Hammett, J. F.**, & Ulloa, E. C. (2015, March, May). *Empathy and relationship quality*.

Poster presented at the Annual Convention of the Western Psychological Association (WPA), Las Vegas, NV.

Poster presented at the Annual San Diego State University Research Symposium (SDSU SRS), San Diego, CA.

- Taggart, T. C., **Hammett, J. F.**, & Ulloa, E. C. (2015, February). *Hormonal birth control use associated with increased alcohol consumption and intoxication*. Paper presented at the International Society for the Study of Women's Sexual Health (ISSWSH), Austin, TX.
- Taggart, T. C., **Hammett, J. F.**, & Ulloa, E. C. (2015, February). Oral contraceptive use and overall relationship satisfaction: Is there a link?. Poster presented at the International Society for the Study of Women's Sexual Health (ISSWSH), Austin, TX.
- Hammett, J. F.**, Smith, E. R., Ulloa, E. C., & Roesch, S. C. (2014, November). *Relationship satisfaction as a mediator in the association between intimate partner violence and depression*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
- Hammett, J. F.**, & Ulloa, E. C. (2014, September). *The effect of gender and perpetrator-victim role on mental health outcomes and risk behaviors associated with intimate partner violence*. Poster presented at the 19th International Conference & Summit on Violence, Abuse & Trauma (IVAT), San Diego, CA.
- Taggart, T. C., **Hammett, J. F.**, Ulloa, E. C. (2014, September). *Hormonal birth control and intimate partner violence: Can the "pill" be protective against depressive symptoms?* Poster presented at the 19th International Conference & Summit on Violence, Abuse & Trauma (IVAT), San Diego, CA.
- O'Neal, D. N., Leon Aramburo, L. F., **Hammett, J. F.**, & Ulloa, E. C. (2014, September). *Intimate partner violence and the Big Five personality traits: A descriptive study*. Poster presented at the 19th International Conference & Summit on Violence, Abuse & Trauma (IVAT), San Diego, CA.
- Hammett, J. F.**, Smith, E. R., O'Neal, D. N., Gonzalez, A. R., & Ulloa, E. C. (2014, April). *Changes in rates of IPV and romantic relationship satisfaction*. Poster presented at the Annual Western Psychological Association Convention (WPA), Portland, OR.
- Hammett, J. F.**, & Armor, D. A. (2014, April). *Are optimists better or worse at reading relationships?* Poster presented at the Annual Western Psychological Association Convention (WPA), Portland, OR.
- Hammett, J. F.**, Smith, E. R., O'Neal, D. N., Gonzalez, A. R., & Ulloa, E. C. (2014, March). *The association between temporal changes in intimate partner violence and relationship satisfaction*. Paper presented at the Annual San Diego State University Research Symposium (SDSU SRS), San Diego, CA.
- Meda, N. A., Guzman, M., **Hammett, J. F.**, O'Neal, D. N., & Ulloa, E. (2014, March). *Growth and Interpersonal Violence*. Poster presented at the Annual San Diego State University Student Research Symposium (SDSU SRS), San Diego, CA.
- Bussberg, J. F.**, & Armor, D. A. (2013, May, April, March). *Are optimists better or worse at reading relationships? Tests of two hypotheses*.

Paper presented at the San Diego State University Honors Thesis Research Symposium, San Diego, CA.

Poster presented at the Annual California State University, San Marcos Research Fair, San Marcos, CA.

Poster presented at the Annual San Diego State University Research Symposium (SDSU SRS), San Diego, CA.

Bussberg, J. F., Issler, E. J., & Bashore, H. E. (2012, November, July, May). *The effects of the color red on attractiveness and hirability.*

Paper presented at the Southern California Conference for Undergraduate Research (SCCUR), Camarillo, CA.

Virtual poster presented at the Thirtieth International Congress of Psychology (ICP), Cape Town, South Africa.

Paper presented at the Twelfth Annual Stanford Undergraduate Psychology Conference (SUPC), Stanford, CA.

SCHOLARSHIPS, GRANTS, & AWARDS

- 2016** **Conference Student Submission Award**, International Association for Relationship Research (IARR)
This award is provided to student presenters at IARR to help defray the expense of attending the 2016 IARR Conference in Toronto.
- 2015** **Eugene V. Cota-Robles Fellowship**, University of California, Los Angeles
This prestigious, four-year fellowship program, funded by the University of California Office of the President, the UCLA Graduate Division, and the home department, supports a limited number of students who are entering PhD programs and are interested in a career in college or university teaching and research.
- 2015** **Psi Chi Regional Research Award**, Western Psychological Association
This award is presented to student members of Psi Chi who have presented outstanding research during the Psi Chi poster session of the WPA annual convention.
- 2015** **AWIS-SD Scholarship**, Association for Women in Science San Diego
This scholarship supports outstanding community college, undergraduate, and graduate student women in San Diego County who are pursuing degrees in in science, technology, engineering and mathematics (STEM) fields where women are underrepresented. Scholarship funds help support their research projects and/or assist with additional educational expenses.

- 2015** **Inamori Fellowship**, San Diego State University
This competitive fellowship, contributed to the SDSU Graduate and Research Affairs office by Dr. Kazuo Inamori, founder of Kyocera Corporation, is awarded annually to ten SDSU graduate students, who have excelled academically and who have achieved outstanding scholarly accomplishments.
- 2014** **Instructionally Related Activities Travel Grant**, San Diego State University, College of Sciences
This grant is awarded to graduate students in the College of Sciences who have presented exceptional research at national or regional conferences to defray the costs of traveling to and attending the convention.
- 2014** **BB. Robbie Rossman Annual Memorial Child Maltreatment Research Award**, Institute for Violence, Abuse, and Trauma (IVAT)
This award is presented for outstanding research presented during the poster session of the IVAT bi-annual convention.
- 2014** **Student Scholarship Award**, Western Psychological Association
This award is presented to student members of WPA who have presented outstanding research during the poster session of the WPA annual convention.
- 2014** **Psi Chi Regional Research Award**, Western Psychological Association
This award is presented to student members of Psi Chi who have presented outstanding research during the Psi Chi poster session of the WPA annual convention.
- 2013** **Mrs. Betty Peabody Scholarship**, Mortar Board Senior Honor Society
This award is presented on behalf of Mrs. Betty Peabody to members of Mortar Board who will be entering a graduate program and who have shown exemplary achievements in the areas of scholarship, leadership, and community service.
- 2013** **Alumni Scholarship**, Mortar Board Senior Honor Society
This award is presented to members of Mortar Board who will be entering a graduate program and who have shown exemplary achievements in the areas of scholarship, leadership, and community service.
- 2013** **“Quest for the Best” Vice Presidential Student Service Award**, San Diego State University
This award annually recognizes ten outstanding student leaders who have typified and promoted the mission of the university by having excelled in academics, campus involvement, and community service.

- 2012** **Part-Time Employee Scholarship Award**, Associated Students of San Diego State University
This award is presented to part-time employees of the Associated Student body for exceptional work performance while maintaining superior academic performance.
- 2012** **Intercultural Ambassadors Scholarship**, San Diego State University International Students Center
This scholarship is awarded annually to international students who have excelled academically as well as interpersonally and who have participated as intercultural ambassadors in collaborative efforts with local public schools to increase cultural awareness among elementary school students.
- 2012** **Travel Grant**, San Diego State University Department of Psychology
This grant is awarded to psychology students who have presented exceptional research at national or regional conferences to defray the costs of traveling to and attending a convention.
- 2012** **Scholarship for Outstanding Scholarship**, Mortar Board Senior Honor Society
This award is presented annually to one new student member of the senior honor society Mortar Board who has exemplified outstanding scholarship, one of the three pillars the mission of the honor society is based on.

RESEARCH EXPERIENCE

- 2015–present** **Research Assistant**
UCLA Marriage Lab, University of California, Los Angeles
Principal Investigators: Thomas N. Bradbury, Ph.D., and Benjamin R. Karney, Ph.D.
Examined changes in intimate relationships over time, challenges faced by couples with social and economic adversity, and the effectiveness of relationship interventions, with a particular focus on couples who experience intimate partner violence. Collaborated with peers and worked independently on research projects. Participated in writing and editing of presentations and manuscripts.
- 2014–2015** **Qualitative Interviewer**
Life Stories, University of California, San Diego
Principal Investigator: Monica D. Ulibarri, Ph.D.
Conducted qualitative, semi-structured interviews with adolescent girls between the ages of 13 and 21 involved with commercial sexual exploitation of children and domestic trafficking to identify risk factors leading to their involvement in “the life.” Participated in the transcription process of audio recordings gained from these interviews by serving as a quality control.

- 2014–2015** **Research Assistant**
Program Evaluation of Surviving Together, Achieving and Reaching for Success (STARS), University of California, San Diego/San Diego State University
Principal Investigators: Monica D. Ulibarri, Ph.D., and Emilio C. Ulloa, Ph.D.
Examined and evaluated the STARS program for teenage girls between the ages of 12 to 17 involved with commercial sexual exploitation of children and domestic trafficking. Assisted in grant writing and the development and refinement of research protocols.
- 2014–2015** **Project Coordinator**
Commercial Sexual Exploitation of High Risk Adolescent Girls: A Stakeholder Study, San Diego State University
Principal Investigator: Emilio C. Ulloa, Ph.D.
Examined commercial sexual exploitation of children among adolescent girls by interviewing professional stakeholders. Assisted with the development and refinement of research protocols. Served as liaison with participants, community contacts, and funding, state, and local governmental agencies. Trained and supervised undergraduate research assistants.
- 2013–2015** **Research Assistant**
Youth Violence Research Laboratory, San Diego State University
Principal Investigators: Emilio C. Ulloa, Ph.D., and Audrey Hokoda, Ph.D.
Involved in all aspects of original research on intimate partner violence in relation to various predictors and outcomes, including relationship satisfaction and mental health. Supervised small student groups to support the development of research projects. Took on a leadership position by taking responsibility for scheduling of lab meetings, organization of research activities, and creation of agendas and other research lab-related documents.
- 2011–2015** **Research Assistant**
Self and Social Judgment Laboratory, San Diego State University
Principal Investigator: David A. Armor, Ph.D.
Examined the association of optimism and romantic relationship outcomes. Investigated the prevalence of optimism at an international and national level. Designed studies, collected data, and conducted data entry and analysis. Collaborated with peers and worked independently on research projects. Participated in writing of and editing of presentations and manuscripts.
- Summer 2013** **Research Assistant**
Child & Adolescent Anxiety & Mood Program (ChAAMP), San Diego State University
Principal Investigator: V. Robin Weersing, Ph.D.
Examined the effectiveness of brief Cognitive Behavioral Therapy (CBT) for pediatric anxiety and depression in primary care. Assisted with data entry, processing, and storage. Prepared study materials, such as questionnaires, for administration. Coordinated participant receipt of study materials.

TEACHING EXPERIENCE

- 2013–2015** **Graduate Assistant**
Psychology Undergraduate Peer Advising Office, San Diego State University
Supervisors: Emilio C. Ulloa, Ph.D., and Katherine Turner, Ph.D.
Supervised undergraduate teaching assistants as well as undergraduate peer advisers. Monitored undergraduate peer advisers and organized office procedures. Recruited new peer advisers.
- 2013–2015** **Graduate Teaching Assistant**
Academic or Counseling Experiences in Psychology, San Diego State University
Supervisors: Emilio C. Ulloa, Ph.D., and Katherine Turner, Ph.D.
Supported the development of knowledge about academic requirements for psychology majors at San Diego State University as well as about career options in the field of psychology.
- Spring 2015** **Panelist**
Psi Chi Honor Society, San Diego State University
Provided insight on what it is like to be a current graduate student in the field of psychology and on possibilities of preparing for graduate study.
- Spring 2015** **Panelist**
Psychology Mentoring, Outreach, and Education (PsyMORE) Psychology Student Success Symposium, San Diego State University
Provided information on different possibilities of preparing for graduate study and shared personal experiences of applying to master's and Ph.D. programs in psychology.
- Spring 2015** **Panelist**
Research Orientation (PSY600), San Diego State University
Shared personal experiences and advice on applying to doctoral programs in psychology with a master's degree.
- Spring 2013** **Guest Lecturer**
Lemon Avenue and Rolando Park Elementary Schools, San Diego, CA
Supervisors: Janet Neeb and Michele McCloskey
Presented on internationally relevant topics to a culturally diverse body of 2nd and 3rd grade elementary school children. Topics: "German Music and Cuisine;" "German Fairytales - The Bremen Town Musicians;" "Germany and German Culture."
- Fall 2012** **Undergraduate Teaching Assistant**
Academic and Career Opportunities in Psychology, San Diego State University
Supervisor: Emilio C. Ulloa, Ph.D.

Supported the development of knowledge about careers in psychology, graded student work, and answered students' questions about class requirements and grading procedures.

Fall 2012

Panelist

Academic and Career Opportunities in Psychology (PSY201), San Diego State University

Supervisor: Emilio C. Ulloa, Ph.D.

Advised undergraduate students on how to gain relevant experience in the field of psychology, for example by becoming a research assistant or volunteering for various organizations. Gave suggestions on how to prepare for graduate school.

RELATED PROFESSIONAL EXPERIENCE

2014–2015

Domestic Violence Shelter Administrative Support Volunteer

Center for Community Solutions (CCS), San Diego, CA

Supervisor: Megan Moses

Provided support at the front desk of CCS. Coordinated scheduling of clients seeking therapy. Responded to calls and provided general information about CCS services to callers and visitors. Assisted with planning of special events.

Spring 2015

Undergraduate Research Symposium Judge

Undergraduate Research Symposium, San Diego State University, sponsored by the Psychology Mentoring, Outreach and Education (PsyMORE) Program

Evaluated undergraduate student poster presentations on research conducted in the field of psychology. The PsyMORE Program aims to promote student empowerment through peer mentorship, guidance, and education.

Fall 2014

Undergraduate Research Symposium Judge

Undergraduate Research Symposium, San Diego State University, sponsored by The Maximizing Access to Research Careers (MARC) and The Initiative for Maximizing Student Development (IMSD) programs

Supervisors: Thelma Chavez and Jessica Nombrano

Observed and evaluated undergraduate student oral presentations on research conducted in the field of psychology. MARC and IMSD offer research training to participating honors students from underrepresented backgrounds to help prepare them to compete successfully for entry into graduate programs leading to the Ph.D. in the biomedical sciences.

Fall 2013/14/15 **Conference Volunteer**

Institute for Violence, Abuse, and Trauma (IVAT), Alliant International University

Supervisor: Dawn Noble

Assisted with set up, sales, registration, customer service, and exhibit take down at conference. Monitored rooms during presentations.

2012-2013

Psychology Undergraduate Peer Adviser

Department of Psychology, San Diego State University

Supervisor: Emilio C. Ulloa, Ph.D.

Assisted undergraduate students with course selections, future career planning, and academically related questions. Performed office procedures, such as data entry, student petitions, and phone calls. Participated in university-related activities, such the *SDSU Open House*.

PROFESSIONAL AND HONOR SOCIETY MEMBERSHIPS

National Council on Family Relations (NCFR)
Society for a Science of Clinical Psychology (SSCP)
Society for Personality and Social Psychology (SPSP)
International Association for Relationship Research (IARR)
Association for Behavioral and Cognitive Therapy (ABCT)
ABCT Couples Special Interest Group
Western Psychological Association (WPA)
American Psychological Association (APA)
APA Division 43: Society for Family Psychology
APA Division 12: Clinical Psychology
Scholars Without Borders
Golden Key, International Honor Society
Phi Kappa Phi, National Honor Society
Mortar Board, Senior Honor Society
Psi Chi, The International Honor Society in Psychology
Psi Beta, National Honor Society in Psychology for Community and Junior Colleges

SKILLS & ABILITIES

Computer Training

Stata, Data Analysis and Statistical Software
Mplus Statistical Modeling Program
Statistical Package for the Social Sciences (SPSS)
Microsoft Office Suite

Languages

German (native language)
English (primary language)
French (fluent)
Latin (reading)
Spanish (beginner)

REFERENCES

Thomas N. Bradbury, Ph.D.

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7 June 2016